

OS license : 100053185

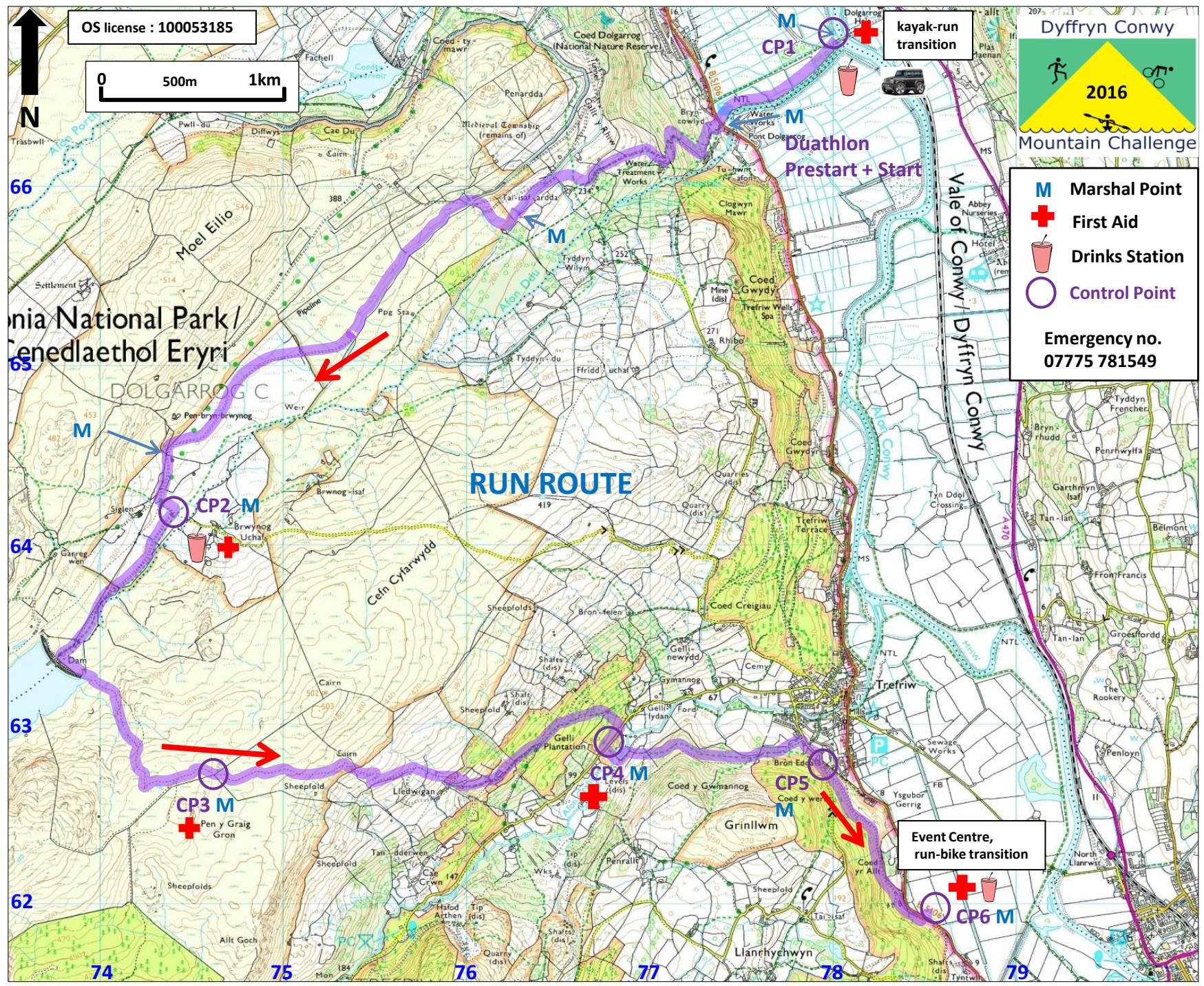


Dyffryn Conwy

2016
Mountain Challenge

- M** Marshal Point
- +** First Aid
- Drinks Station
- Control Point

Emergency no.
07775 781549



**Duathlon
Prestart + Start**

kayak-run
transition

**Event Centre,
run-bike transition**

RUN ROUTE